

# GUIDE TO YOUR DENTAL BENEFITS

What you need to know about choosing and using your Delta Dental benefits.



# Why You Need Dental Insurance



## For Your Budget

Benefits work best when you use them and can save you money in the long run. For each dollar spent on preventive care, \$50 or more is saved on more expensive procedures.<sup>1</sup>



## For Your Health

Checkups can help spot other conditions and diseases, not just cavities. This can lead to earlier, less costly, and even life-saving treatment.<sup>2</sup>



## For Your Family

Start your children on the road to good oral health. Families with dental insurance are almost twice as likely to get preventive care as those without it.<sup>3</sup>



## Immediate Savings

While it's important to brush and floss regularly, it's also important to see the dentist for the extra care you might need. Preventive checkups and cleanings are usually covered at 100%.\* Dental insurance also helps reduce your out-of-pocket costs for many procedures. Without a dental plan, you would be responsible for the full cost of your treatment.

\*When seeing an in-network provider. To see if your provider is in the Delta Dental PPO Plus Premier™ network visit [deltadentalwi.com](https://www.deltadentalwi.com)

<sup>1,2,3</sup><https://www.deltadental.com/us/en/protect-my-smile/dental-benefits/dental-insurance/the-value-of-dental-insurance.html>



# Our Networks and Choosing a Provider




You can see any provider you like. However, you'll save money if you see an in-network dentist. We have two networks: Delta Dental PPO (these dentists provide the largest discounts to save you the most money) and Delta Dental Premier (additional providers to choose from, but they offer smaller discounts). Together they make the Delta Dental PPO Plus Premier™ Network with more than 150,000 providers nationwide to save you money.

**But if you don't have a provider, or would like to find one who saves you more on out-of-pocket expenses, use our online provider search tool at [deltadentalwi.com](http://deltadentalwi.com).**








Other benefits (no pun intended) of using a network provider:

- Treatment guarantees\* (if a procedure like a crown or filling fails, you don't have to pay to get it fixed)
- Providers send in all the claims paperwork, so you don't have to
- Since network dentists agree to set fees, they can't charge you for the difference between their regular and discounted amount (called balance billing)

## Know Your Networks

<p><b>Delta Dental Premier®</b></p>  <ul style="list-style-type: none"> <li>• Additional dentists to choose from</li> <li>• Smaller discounts, but still saves you money</li> </ul>	<p><b>Delta Dental PPO™</b></p>  <ul style="list-style-type: none"> <li>• Large network of providers</li> <li>• Biggest discounts, saving you the most money</li> </ul>	<p><b>Out-of-Network</b></p>  <ul style="list-style-type: none"> <li>• No additional savings</li> <li>• No protections or guarantees</li> </ul>
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## Example Savings for a Common Procedure

	 Estimated Charge	 Maximum Allowed Fees	 Percentage Paid by Delta Dental	 Amount Delta Dental Pays	 Amount Dentist can Balance Bill	 Total Amount You Pay	 Your Total Cost Savings
<b>PPO Network</b>	\$1,200	\$825	80%	\$660	\$0	\$165	\$375
<b>Premier Network</b>	\$1,200	\$985	80%	\$788	\$0	\$197	\$215
<b>Out-of-Network</b>	\$1,200	\$925	80%	\$740	\$275	\$460	\$0

\*Guarantees dependent upon timeframes and procedure codes.

Always check your benefit summary/plan documents to verify coverages.



# Smarter Dental Plans

## Evidence-Based Integrated Care Plan (EBICP)

Delta Dental of Wisconsin's Evidence-Based Integrated Care Plan (EBICP) provides **extra benefits for individuals with certain medical conditions** that have oral health implications. Research has shown that increased frequency of cleanings and topical fluoride applications greatly impact oral health, and sometimes play a role in managing conditions such as:

### Cancer therapy



Oral health tends to be a difficult challenge for some cancer patients. Oral pain, gum infections, rapid tooth decay, and dry mouth are among the side effects associated with radiation and chemotherapy.\*\*

### Periodontal disease



Studies have shown that a greater frequency of maintenance can reduce the need for repeating periodontal (gum) surgery.\*\*

### Diabetes



Evidence has shown a higher presence of periodontal disease in individuals with diabetes.\*

### Pregnancy



Pregnant women are more likely to get periodontal disease. It is beneficial for pregnant women to maintain good oral health.\*

### High-risk cardiac conditions



Maintaining good oral health and eliminating oral disease decreases a cardiac-risk patient's chances of contracting Infective Endocarditis (IE), a disease where bacteria infect in the tissues of the heart.\*

### Weakened immune systems



Oral complications can increase both treatment costs and disease rates in individuals with weakened immune systems. Even common conditions like dry mouth and dental decay can be indicators of more serious problems. Associated medical conditions can include rheumatoid arthritis, lupus, multiple sclerosis, Crohn's disease and more.\*\*

### Kidney failure or dialysis



Studies have shown that individuals with kidney disease have a higher likelihood of periodontal disease and tooth loss, and that the severity of these oral health issues is typically related to the level of kidney dysfunction.\*

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[www.deltadentalwi.com](http://www.deltadentalwi.com)

SS300A-2110

\*additional cleanings

\*\*additional cleanings and topical fluoride treatments

# Maximize Your Benefits

Register for an online account.

The more you know, the better your oral health can be. And we want to make understanding your dental benefits easy. Delta Dental of Wisconsin's online member portal lets you review your coverage or message with a customer experience specialist when it is convenient for you. You can register or log in any time after your coverage begins.

## Logging In

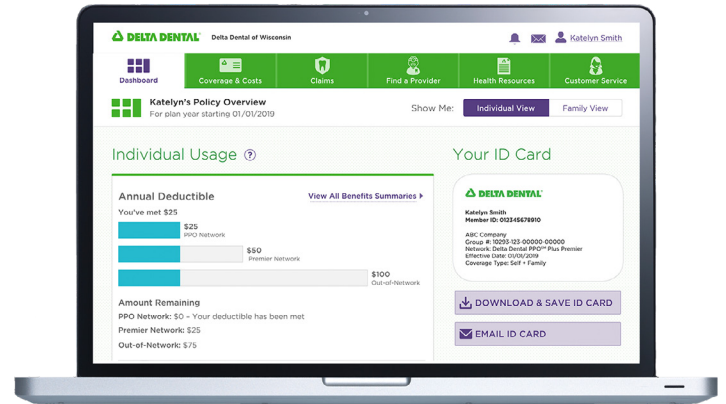
Getting started is quick and easy. Just go to [deltadentalwi.com](http://deltadentalwi.com) and click on "Register" found in the top right corner (on a desktop) or from the menu (on a mobile device). A few simple steps and you'll be able to sign in any time you need to access your dental benefit information. You will need your member ID number (on your ID card) to get registered.

## Benefit Dashboard

Once logged in, the dental dashboard allows you to see the most-requested benefit information first—benefit usage, deductibles and annual maximums, plan features, and more—at a quick glance.

## Online ID Card

You might not think you need to download a dental insurance ID card at four in the morning...until you do. You can download it, print it, or email it to a family member or your provider office.



## Secure Chat and Messaging

Don't feel like making a phone call? During regular business hours (Monday - Friday, 7:30 a.m. - 5:00 p.m.), you can securely chat with a customer experience specialist in real time for immediate answers to your benefit questions. You can also send a secure message at your convenience and expect a timely response.

## Find a Provider

The online provider search tool can help you find a Delta Dental network dentist in your area. Search by location, specialty, office hours, and other filtering options.

## Cost Estimator Tool

Get an estimate for what procedures cost in your area, or from your preferred provider, so you'll have an idea of what you may pay out-of-pocket for necessary dental procedures.

## Paperless EOB

Sign up to receive your Explanation of Benefits (EOB) statements electronically through "My Account."



## Any Questions?

Here are some answers. And if you have a question that's not listed here, contact us. You can call our Contact Center at **800-236-3712**. Or avoid a phone call...if you're logged into your online account (see previous page) you can secure message or even live chat with a representative.

### But see if these help...



**Q: *When will I get my ID card?***

**A:** Your ID card will be mailed about a week after your enrollment is received and approved. If you are already a member, you can login to your online member account at [deltadentalwi.com](http://deltadentalwi.com) to view, print, or even email your ID card at any time.



**Q: *Are there benefit waiting periods?***

**A:** Unless otherwise specified, there are no waiting periods before you can start using your dental benefits.



**Q: *What about existing orthodontic treatments in progress?***

**A:** Delta Dental's monthly payments for ortho treatment will work toward the months remaining after your effective date of coverage. Claims for in-progress ortho can be submitted as soon as enrollment with Delta Dental is finalized.



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Open the camera on your smartphone and scan the QR code to view and sign up for grin!, or visit [deltadentalwi.com/grin](https://deltadentalwi.com/grin).



Delta Dental of Wisconsin  
P.O. Box 828  
Stevens Point, WI 54481  
800-236-3713



[deltadentalwi.com](http://deltadentalwi.com)

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