

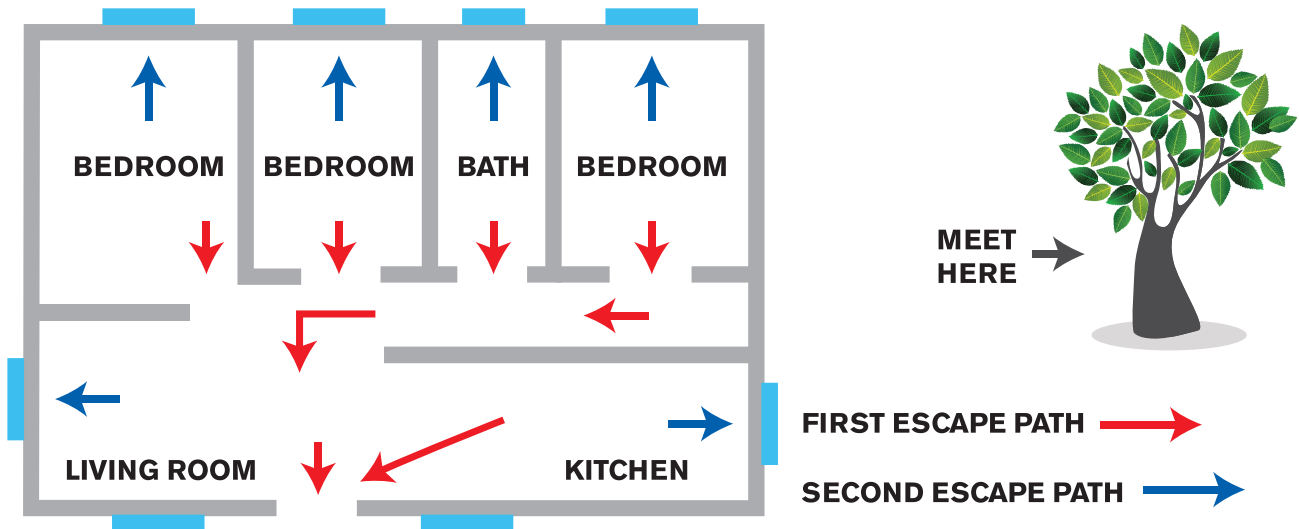
# Our Home Fire Escape Map

**Learn** by using this example to make a fire escape map for your home. Draw your map in the box on the next page, or use a separate piece of paper.

1. Draw all the rooms in your home (use the example to help you).
2. Use a red pen to show the quickest path to get outside from each room.
3. Use a blue pen to show a second path to get outside from each room.
4. Draw a Meeting Spot outside your home where everyone will go as soon as they get out. Label it MEET HERE.

Things to remember:

- You need a Meeting Spot so you know that everyone in your home is out.
  - Once you get to your Meeting Spot, call 9-1-1.
  - **No one should go back inside** – firefighters will arrive shortly and rescue anyone who needs help, even your pets.
5. When you are all done, hang your map where everyone can see it!



**Practice** your escape plan with a Home Fire Drill at least twice a year. Have a grownup press the “test” button on a smoke alarm in your home and have everyone go to your meeting place. Time your Home Fire Drill to find out how long it takes for everyone to get to your meeting place. Keep practicing until everyone can get out in less than 2 minutes!

**Share** these preparedness skills with everyone in your home:

- Get Out, Stay Out, Call 9-1-1 – If you hear a smoke alarm or see smoke, follow your escape plan and get out immediately. Don't stop to grab anything, and don't go back for anything. Stay outside at your meeting place and call 9-1-1.
- Get Low and Go – In a fire, smoke is often more dangerous than flames. Crouch low or crawl on your hands and knees to avoid breathing in smoke. Smoke rises, so the air near the floor is cleaner. This is really important if you don't have two ways out of your room.

**Be Prepared!** Have a smoke alarm on every level of your home and inside bedrooms and outside sleeping areas. Remind the grownups in your home to test smoke alarms every month to make sure they all work. If a smoke alarm doesn't work, replace the batteries or the smoke alarm. Have a plan to wake everyone up if the smoke alarm goes off while you're sleeping. In a fire, if you see smoke on your way out, turn around and go the other way. Be sure to always stay away from dangerous smoke!

**To Learn More** about fire safety, visit [redcross.org/homefires](https://www.redcross.org/homefires).



Our Outside Meeting Spot \_\_\_\_\_

# Home Fire Safety Planner

Use this planner to set dates for your Home Fire Drills and Smoke Alarm Testing.

## Home Fire Drills (2 each year)

Month \_\_\_\_\_ Date \_\_\_\_\_  We got outside in less than 2 minutes!



Month \_\_\_\_\_ Date \_\_\_\_\_  We got outside in less than 2 minutes!

## Smoke Alarm Testing (once each month)



We test all smoke alarms every month on the



DATE

Jan

Feb

Mar

Apr

May

June

July

Aug

Sept

Oct

Nov

Dec

# Our Emergency Communications Plan

During an emergency, it's important to stay in contact with everyone in your home, especially if you get separated. Fill out this form so that everyone knows how to stay in contact during an emergency. Or create your own form on a separate piece of paper if you need more space.

**Our Home Address:** \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

## Contact Info for People Who Live in Our Home

Name	Work/School Phone	Cell Phone	Email
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Pets' Names	Type of Pet	Color/Markings	Registration
_____	_____	_____	_____
_____	_____	_____	_____

## In Case We Get Separated...

Choose two meeting places where the people in your home will get back together if you are separated in an emergency. One meeting place should be near your home. The other should be outside your neighborhood, in case the area around your home is unsafe.

1. Our meeting place near home: \_\_\_\_\_

2. Our meeting place away from home: \_\_\_\_\_

Choose an emergency contact who lives outside your area, someone everyone can call in case you can't call each other.

Name \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

When an emergency happens, if possible call your family and friends to let them know you are okay. With a grownup, visit [redcross.org/safeandwell](http://redcross.org/safeandwell) to learn more about how to get in contact with friends and family during an emergency if you don't have access to a phone.

Congratulations on completing your emergency communications plan!  
Now, clip it out and keep it where everyone in your home can easily see it.



Contact information can change, so plan to update your emergency communications plan at least once a year.

**We update our Emergency Communications Plan every year on:**

Month \_\_\_\_\_ Date \_\_\_\_\_

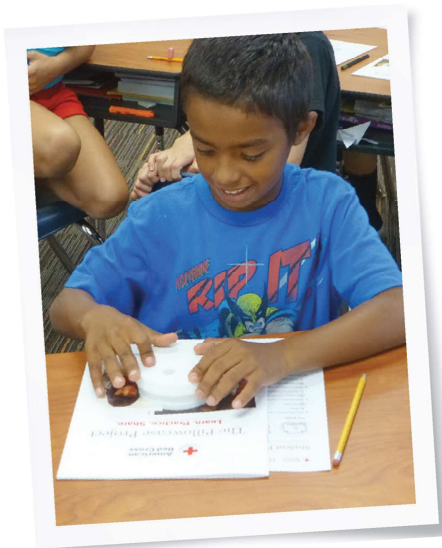
# Our Emergency Contact Cards

Use this model to create an emergency contact card for every person in your home. Or ask a grownup to download copies of the emergency contact card form at [redcross.org/pillowcase](http://redcross.org/pillowcase). Ask everyone to keep their card with them at all times. That way everyone will always be prepared for an emergency.

<p><b>My Emergency Contact Information</b> </p> <p>My Name: _____</p> <p>Phone: _____</p> <p>Home Address: _____</p> <p>_____</p> <p>Email: _____</p> <p style="text-align: right;">(fold)</p>	<p><b>People to Call or Text in an Emergency</b> </p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p style="text-align: right;">(fold)</p>
<p><b>Important Phone Nos.</b> </p> <p>Police: Call 9-1-1 or _____</p> <p>Fire Dept.: Call 9-1-1 or _____</p> <p>Doctor: _____</p> <p>Poison Control Center: 1-800-222-1222</p>	<p>Out-of-Area Contact Person _____</p> <p>Phone _____</p> <p>Meeting Place Outside of Neighborhood: _____</p> <p>_____</p>



**Important Emergency Contact Phone Numbers:** During an emergency we may need help from other people, like firefighters, doctors, or veterinarians. It's important to know how to call them. Work with a grownup to fill in these phone numbers, then make a list like this for your home and put it somewhere easy to see in case you need to use it.



Local Emergency Number: 9-1-1 or \_\_\_\_\_

Police Department \_\_\_\_\_

Fire Department \_\_\_\_\_

Hospital \_\_\_\_\_

Poison Control: 1-800-222-1222 or \_\_\_\_\_

Telephone Company \_\_\_\_\_

Gas Company \_\_\_\_\_

Electric Company \_\_\_\_\_

Doctor \_\_\_\_\_

Veterinarian \_\_\_\_\_

# Our Emergency Supplies Kit

As you've learned, in some emergencies you may have to leave your home for a safer place. To be prepared, put together an emergency supplies kit — one for you and one for your household. You'll have everything you need to stay safe and comfortable while you're away from home.

## My Pillowcase Kit

Use this checklist to gather items for your own personal emergency supplies kit.



- Bottle of water
- Toy
- Portable radio
- First aid kit
- Soap
- Change of clothes
- Paper and pen
- Extra batteries
- Flashlight
- Toothbrush and toothpaste
- Blanket
- Family photos

**And don't forget your special item!**

## Our Household Kit

This checklist shows items that belong in an emergency supplies kit for everyone in your home. Ask a grownup to go on a scavenger hunt with you to find some items you may have already. Check off each item that you find. Work together to pack up an emergency supplies kit for your home.

### Food & Water



- Three-day supply of water, one gallon per person per day
- Three-day supply of canned and dried food
- Can opener
- Cooking and eating utensils

### Emergency Gear

- First aid kit
- Portable radio and extra batteries
- Flashlight and extra batteries
- Cell phone charger
- Matches in waterproof container
- Cash and coins (in case credit card readers and ATMs aren't working)
- Map of your area

### Personal Items



- Copies of important documents (birth certificates, passports, insurance policies, etc.)
- Blankets
- Extra clothing
- Hygiene supplies (toilet paper, soap, toothbrush, toothpaste, etc.)
- Medical supplies (prescription medications, medication list, extra glasses, contact lenses, etc.)
- Baby supplies (formula, diapers, etc.), if needed
- Pet supplies, if needed

Keep your supplies organized in airtight plastic bags, and pack them in a large sturdy box or plastic tub. Store your emergency supplies kit where you can get to it quickly, in a place known to everyone in your home.

### For Your Car



Keep a separate emergency supplies kit in your car in case an emergency happens while you are on the road.

- Flashlight and extra batteries
- First aid kit
- White distress flag
- Maps
- Car cell phone charger
- Bottled water and dried food such as granola bars
- Breakdown supplies (tire repair kit, pump, booster/jumper cables, flares)
- Seasonal supplies:  
Winter – shovel, scraper, blanket, etc.; Summer – sunscreen, shade items, etc.



Check your emergency supplies kit every six months. You may need to update some items – fresh water, fresh batteries, right-size clothes, etc. Use this planner to set dates for checking your kit.

### We check our emergency supplies kit on

Month \_\_\_\_\_ Date \_\_\_\_\_

Month \_\_\_\_\_ Date \_\_\_\_\_

# My Preparedness Network

People help each other in an emergency. Use this web diagram to remind yourself of all the people who may be there to help you if an emergency happens.

Start by matching the people listed in the Word Bank with their places on the diagram. Write the names into the correct spaces. (A few names have been filled in to help you get started.) Then share this activity at home. Work together to add more people to your diagram. You'll find out that you're part of a pretty big preparedness network!

**Word Bank**

Electric Company Worker

Firefighter

Friends

Hospital Nurse

National Guard

Neighbor

Parent or Guardian

Police Officer

Red Cross Volunteer

Relative

Teacher

**1. At home**

\_\_\_\_\_

\_\_\_\_\_

**2. At school**

\_\_\_\_\_

\_\_\_\_\_

**3. In my neighborhood**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**4. In my town or community**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**5. In my state**

\_\_\_\_\_

\_\_\_\_\_

**Remember:** When you need help in an emergency, call 9-1-1.