

Proclamation Mayor Mitch Reynolds City of La Crosse

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all people face situations in life that can impact their mental health, especially during a pandemic; and

WHEREAS, support and prevention are effective ways to promote mental wellness; and

WHEREAS, there are practical tools that all can use to improve their mental health and increase resiliency; and

WHEREAS, mental health conditions are real and prevalent in our community; and

WHEREAS, with effective support, those individuals with mental health conditions can and do recover and lead fulfilling lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen share the impact of mental health challenges and has a responsibility to promote mental wellness and support prevention, support and treatment options and efforts.

NOW, THEREFORE, I, MITCH REYNOLDS MAYOR OF THE CITY OF LA CROSSE, do hereby proclaim May 2024 as

"MENTAL HEALTH AWARENESS MONTH"

in the City of La Crosse and call upon all citizens, government agencies, public and private institutions, businesses, and schools in La Crosse to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

Dated on this 23rd day of May in the year Two Thousand Twenty-Four.



MAYOR MITCH REYNOLDS